

Saladas

Espinafres

Espinafres, rúcula, nozes, queijo azul, fruta da época e vinagrete de laranja

Com frango grelhado + 7€

Com salmão fresco + 9,50€

Com Atum fresco + 8,50€

12,00 €

Salmão fresco

Salada mista com folhas de espinafre e vinagrete cocktail

17,00 €

Calamares

Salada mista, calamares panados fritos e molho de tártaro

13,00 €

Atum Grelhado

Salada mista, pimento assado, anchovas, vinagrete

15,00 €

Frango

Salada mista, frango grelhado, abacaxi e nozes com vinagrete de caril

12,00 €

Bacon

Salada mista, bacon, maçã, parmesão e vinagrete de framboesa

10,00 €

Salads

Spinach

Spinach leaves, rocket, walnuts, blue cheese, seasonal fruits and orange vinaigrette

Add grilled chicken + 7€

Add fresh salmon + 9,50€

Add fresh tuna + 8,50€

Fresh salmon

Mixed salad with spinach leaf and cocktail vinaigrette

Calamari

Mixed salad, crumbed calamari and tartar sauce

Grilled Tuna

Mixed salad, roast peppers, anchovy, vinaigrette

Chicken

Mixed salad, grilled chicken, pineapple and walnuts with curry vinaigrette

Bacon

Mixed salad, baked bacon, apple, parmesan and raspberry vinaigrette